




STUDENT WORKBOOK



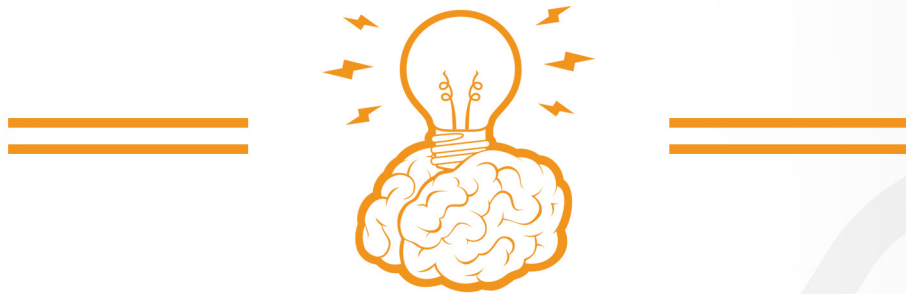
<i>Table of Contents</i>	<i>Pages</i>
Table of Contents	1
Introduction/Mission Statement	2
Successful Students	3
Self Worth	4
Motivation	5
Organization and Tools	6-9
Note Taking	10-12
Memory Techniques	13-15
Concentration/Study Area	16-17
Procrastination Elimination	18-19
Time Management	20
Goal Setting	21
Study Habits	22
Reading Strategy	23
Vocabulary Building	24
Learning Styles	25-27
Test Taking	28-31
S.M.A.R.T.S.	32



Our mission at Study Smarts is to inspire students to think positively about themselves, create a desire in them to stay motivated to do their best and encourage them to apply study skills concepts that will allow them to achieve their maximum potential in school and life.



Successful Students



**What are three major things
that make students successful?**

1. _____

2. _____

3. _____